

Week 9

Activation 1

How have you communicated your interest towards a man in the past? How did it go?

What are some ways you can be clear with communicating your interest in the future?

How have you communicated your expectations in the past to the man you were dating?

Did you do this well? Why or why not?

How can you communicate your expectations better in the future?

What did pursuing him back look like in your past relationships?

Ask God:

What is a good way for me to pursue a man back and show that I am interested in a way that is authentic to me?

Activation 2

Have you rushed relationships in the past?

How are you setting yourself up for a successful marriage at the moment?

Have you seen others rush into marriage?

What was their experience like?

Ask God:

How do I prepare myself (during dating) for a successful marriage?

What things should I be looking to cultivate in my relationship that will help build a solid foundation for our future marriage?

Activation 3

Have you ever tried online dating?

Why or why not?

What are your thoughts/feelings around online dating?

Ask God:

Lord, what are your general thoughts about online dating?

Lord, what are your thoughts about me dating online?

Activation 4

Think about your last date (virtual or in-person) and conduct a heart check

Ask yourself:

How did I show up?

Was I my authentic self?

How was heart feeling towards that person afterwards?