

# Week 6

## Activation 1

How confident am I in who I am?  
What is impacting my confidence?

Ask God:

Jesus, what would you like to do about it?  
What has affected my confidence in the past?  
In what ways do I judge myself?  
When do I fall into comparison and what does that do to  
my confidence and overall joy?

Make a list of all the things that you are grateful for about  
yourself and your life.

Ask God:

What do you say about the things that I judge myself for?  
How do you see me?  
What do I bring to a relationship?  
How will I be a blessing to the man who dates me?  
What would you like me to be speaking over myself about  
myself?

### Activation 2

What are some good opening lines you can think of to use when approaching guys?

What comes up for you when you think of approaching guys you think are attractive?

Make a list of every single Christian guy that you currently know. This includes in person and online.

### Activation 3

Who is your community/support system?

Make a list of everyone

Ask God:

Is there anyone (or type of person) that I need to add to this list?

What is the importance of community for me?

When do I need to involve my community in my dating journey?

How can I involve my community more in my dating journey?

### Activation 4

List ALL the places you can think of to meet single Christian guys